



Jennifer T. Silc, D.D.S., M.S.

955 N. Plum Grove Rd. Ste E Schaumburg, IL 60173
Office 847.605.0280 • Fax 847.605.0288

www.SilcPeriodontics.com

ANESTHESIA DISCHARGE INSTRUCTIONS

Anesthesia may stay in your body for up to 24 hours. It is normal to feel sleepy and weak following anesthesia. Go home and rest as much as possible.

- Because post-surgical patients are prone to dehydration, it is important that you drink plenty of fluids such as juice, water, soda, tea and Gatorade.
- In order to prevent nausea and vomiting, gradually progress to your normal diet. Begin with clear liquids, dry toast, crackers and soup, and then progress to regular foods.
- Take only the prescribed medications. Do not drink any alcoholic beverages (medications, anesthetics and alcohol do not mix well.)
- Do not drive, operate machinery or sign any legal documents for 24 hours after surgery.
- For your own safety and comfort, have a responsible adult stay with you for 24 hours following your procedure.
- Do not smoke for 24 hours without supervision.
- Avoid heavy lifting or strenuous exercise.

Specific complications to watch for:

- * Fever over 101 Fahrenheit
- * Pain not relieved by medications ordered
- * Inability to urinate
- * Persistent nausea and vomiting

Questions: Please call our office during regular office hours at # 847-605-0280.

Emergencies: If life threatening, please go to the nearest emergency room or call 911.

This would include, but not limited to: Uncontrollable bleeding, severe allergic reaction, difficulty breathing, swelling preventing swallowing, etc.

Patient Signature:

Date: